TUESDAY, APRIL 13, 2021 A SMART READ FOR SMART READERS







DeKalb County Superior Court Judge Shondeana Morris (from left) helped organize the virtual panel, which will include panelists Lynn Garson, Eric Lang who have been affected by suicide.

'We Are in a Crisis': Attorney, Judge Suicide Prevention Takes Center Stage in Georgia

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IN THE FIRST year of the coronavirus pandemic, more than 1,500 people ended their own lives during 2020 in Georgia, some of them attorneys.

With lawyers more likely to die by suicide than other professionals, a new suicide awareness and prevention initiative is being rolled out by Supreme Court of Georgia Chief Justice Harold Melton in conjunction with the State Bar of Georgia.

On April 30, the Chief Justice's Commission on Professionalism will host a virtual Suicide Awareness Program from 2 to 5 p.m. Hosted by former Attorney General Sally Yates, the three-hour event will consist of there panels.

"We are in a crisis with the number of suicides and suicide attempts in the country," said DeKalb County Superior Court Judge Shondeana Morris, who helped plan the virtual event. "Throughout the country, there is about one death every 11 minutes by suicide."

Morris, who chairs the State Bar of Georgia Suicide Awareness and Prevention Committee, said there's a death every 11 minutes by suicide in the United States. The numbers trended higher in the Peach State.

"In Georgia in 2020, there were 1.569 deaths by suicide and that's the rate per 100,000 with the population. See SUICIDE, page 2

Chief Justice Sets Date to Resume Charge or Release

See DEADLINES, page 3



Merger Talks Between Holland & Knight and Thompson & Knight Advance Growth Strategies



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SUICIDE, from page 1 That's about 14.53%," Morris said. "That's over the national average, which is about 14.21%."

Having suffered the death of her father by suicide, Morris said there's a "perceived stigma attached to suicide attempts," and as such, few people "come forward" seeking support and help.

I lost my father to suicide several years ago, and it was just a very devastating experience because we missed all of the signs and symptoms," she said.

It's a feeling many in the Georgia legal community can relate to, especially following the August 2019 sudden death of Court of Appeals Judge Stephen Goss. His suicide still weighs heavily on the hearts of many jurists, including State Bar of Georgia Attorney Wellness Committee Member Lynn Garson.

"He was beloved of everyone who knew him. It took everyone just into such a state of shock when he took his life." Garson said.

Garson, who will be serving on the April 30 panel, said the panel provides an oppor-

tunity to shed more light on an often closeted issue. She, too, will tell her story.

Garson said, "The reason that I'm participating is that I was close to suicide in 2008. And if I had not had the help of my family to get into a facility, I wouldn't be here talking to you."

She's just one of several panelists plan-

People on these panels are going to be speaking very frankly about their own life experiences. Because of the unique makeup of these panels, this program will go beyond basic level mental health and wellness advice."

-Eric Lang, panelist

ning to share personal experiences surrounding suicide, including overcoming suicide thoughts and attempts. Eric Lang, who survived a suicide attempt, also will speak on the panel.

"This program brings to the forefront the importance of self-awareness. We can all get inside our own head and not know that our thoughts have the potential to lead to self-harm," Lang said.

He noted increased isolation imposed by the pandemic could not only intensify considerations of suicide among lawyers but also limit opportunities to identify the need for help.

"It's possible that people can recognize in each other the potential for self harm," Lang said. "It also becomes less common when we're alone."

Morris agreed.

What we are finding, and particularly with COVID over this last year, was the numbers have increased." Morris said. There are a number of people that suffer in silence with depression, anxiety and a whole host of issues."

With the diverse panel set to include lawyers, judges and clinicians, organizers urged both those in the legal community and the public that support them to sign up to virtually attend.

Lang said the experience would stand out from other prevention panels.

"People on these panels are going to be speaking very frankly about their own life experiences," Lang said. "Because of the unique makeup of these panels, this program will go beyond basic level mental health and wellness advice."

The program, which offers legal attendants a three-hour continuing legal education credit, is yet another effort to provide mental and physical wellness assistance to Georgia jurists.

Organizers urged the legal community to learn about "Use Your 6" and "Lawvers Helping Lawyers" counseling and support programs.

State Bar of Georgia Resources for attorneys:

Lawyers Assistance Program Hotline: 800-327-9631

Lawyers Helping Lawyers Peer Program: Online Program Sign-Up & Podcast National Suicide Prevention Lifeline: by phone 1-800-273-TALK (8255) or via chat @

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Am Law 200, and Thompson & Knight, No. 141, have far \$773,000, Meanwhile, profits per equity partner Knight's at \$906,000.

